Map of Relationships

Traditional Family

Rules & Skills:
All about control, disrespect, obedience, threat, fear.

Biological Dream
1. **Safety**
2. **Reliable Membership**
3. **Diversity**
4. **Autonomy**
5. **Purpose or Essence**

"Few or No Skills"

Starting Again

Romantic Stage	Power Struggle Stage	University of Life Stage	Vintage Love
Feels Wonderful: (PEA) proximity effect, erratic, unstable. No Data: dreams, fantasy. Need to Agree Un-reliable: this stage never lasts! Passive: dreaming that the other will do the work.	Inflict pain in an attempt to get Love. Use Traditional Skills to try to get the Biological Dream. This never works! Frustration increases to the breaking point. Passive: waiting for "the other" to do the work.	1 Learn Biological Dream Skills / Heal Wounds / Share Everything — 4% 2 96% **Giving Up** Not getting the Biological Dream in this life. — and — Acceptance of living a life of: * **Fighting** (below legal limit) * **Fleeing** (but not divorce) * **Freezing** (unlimited) * **Submitting** (unlimited) * Like your parents — and thus— Discouragement, Grief Depression Chronic Illness.	Feels wonderful: (oxytocin, endorphins) stable, smooth Lots of data, based in each person's reality. Prefer "Truth," and avoid Agreement Practitioners of Biological Dream Skills: • **Ensure Safety** • **Maintain Reliable Connection** • **Affirm Diversity and Autonomy** • **Support the pursuit of each person's purpose.** • **Durable Boundaries and easy Communication** Both do their part of the work. Reliable. This stage lasts forever.

The Unconscious

Neophobic: seeks "the familiar" (good & bad), Seeks the Imago—traits of Traditional Family. Wants wholeness and the Biological Dream in Reality. Hope-full	Increased fear of "the more familiar" Recognition of going nowhere. Optimism decreases until finally lose all Hope.

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Divorce #1 52%

Divorce #2 85%

Divorce #3 22%

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